



## Adult Psychoanalysis Programs in NYC and Washington, DC

Training at both of our Adult Psychoanalysis Programs involves 4 to 5 years of course instruction, a personal analysis, and analysis conducted under supervision. The **Adult Psychoanalysis Program in New York** is offered in two tracks: **Track A** is for clinicians who have a New York State License in the fields of Psychiatry, Psychology, Social Work, or Nursing (as a Nurse Practitioner); **Track B (pending approval by NYSED)** is for applicants who are interested in a certificate of completion in order to qualify for a License in Psychoanalysis (LP), and is in most respects identical to Track A except for the additional courses and clinical work required by the New York State Education Department. Applicants for Track B may include Masters-level clinicians who are Licensed Creative Arts Therapists, Licensed Mental Health Counselors, or Licensed Marriage and Family Therapists, as well as graduates of Masters and Doctoral programs who have a strong interest in psychoanalysis. The **Adult Psychoanalysis Program in Washington** is designed to enable candidates who live in other geographical locations, or who have schedules that preclude taking weekly classes, to train at NYFS-DC, since classes meet from 9:00 to 5:00 on 12 Saturdays each academic year. *(Please note that our Washington Program will not qualify graduates to apply for New York's LP credential.)*

All graduates of the Adult Psychoanalysis Programs are automatically eligible for membership in the New York Freudian Society and the International Psychoanalytical Association. Upon graduation, our members become part of a group of psychoanalysts working and learning not only locally but around the world.

### **An Overview of Our New Curriculum**

The NYFS Psychoanalytic Training Institute has developed a new curriculum for the Adult Psychoanalysis programs. Informed by post-Freudian developments and theoretical perspectives; ego psychology; the work of object relational theorists such as Michael Balint and Donald Winnicott; the contributions of Melanie Klein and modern Kleinian theorists; and current research on infant development and attachment—it is a Modern Freudian Curriculum that places Analytic Listening at the center of the learning process. Seasoned clinician-instructors will present detailed clinical material that includes how they as analysts thought and felt as they made choices as to what to address in the hour. Within this rich and complex context, candidates will learn to listen to a wide range of clinical material from multiple vantage points and at many levels.

These classes in analytic listening will be coordinated with courses on key concepts. These concepts will be integrated with, and arise out of, the clinical presentations, and will attend to the unfolding of object relations in the structure of the analytic situation. In this way, theory will have an experiential base that will be alive and meaningful to the students. Candidates will simultaneously study psychoanalytic theories of development attending to the initial dyad and moving to the triad (oedipal and other).

**Please see our website for more details regarding the subject areas of our classes, as well as schedules, faculty, and other information regarding these programs.**