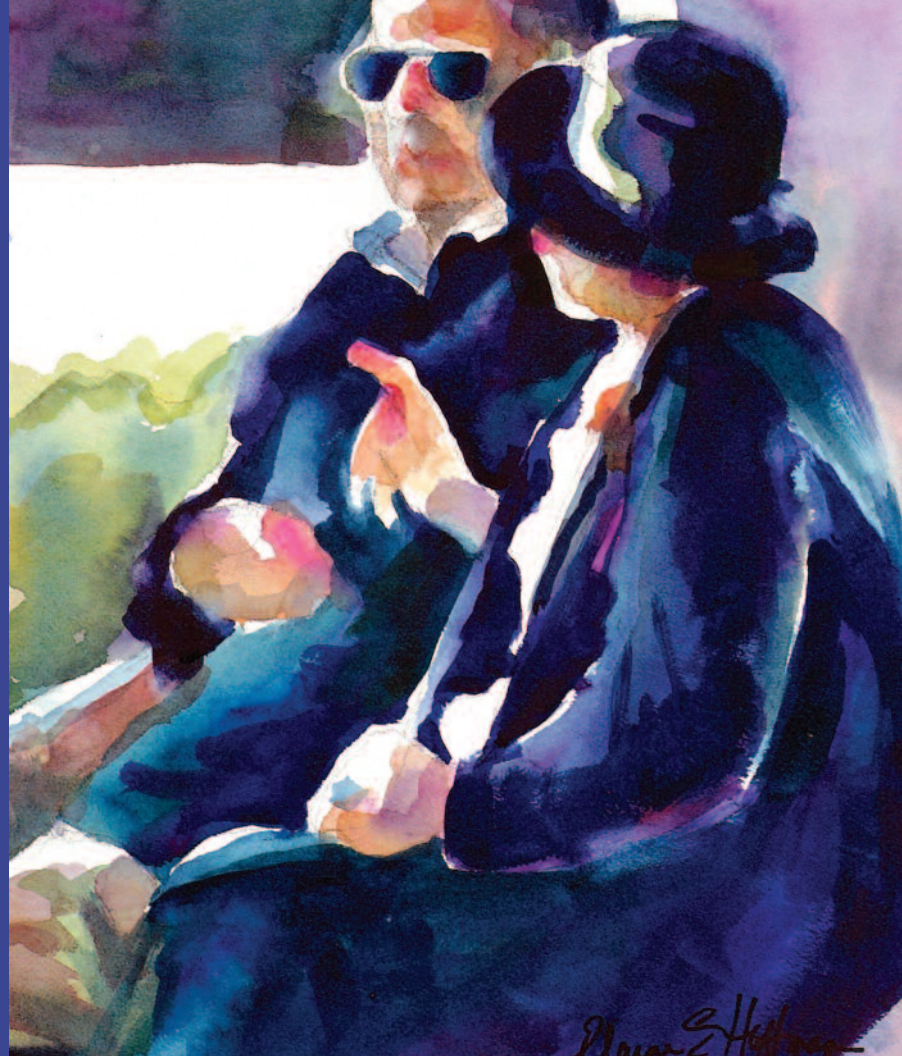


2009-2010

Relational Perspectives Institute

INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY AND
PSYCHOANALYSIS



Institute Mission Statement

The Relational Perspectives Institute (RPI) will enhance the participant's theoretical and clinical understanding of Relational Psychoanalysis in a setting of open dialogue and mutual respect. The wealth of contemporary relational perspectives will be explored, placing these perspectives in the context of psychoanalytic history. Lectures, small group discussions, and clinical presentations will provide the participants with the opportunity to integrate relational concepts into their clinical understanding and technique.

Important Notes

- All registered participants in the Relational Perspectives Institute will attend all four (4) weekend conferences. Tuition covers the costs associated with all four conferences and includes (8) continental breakfasts, (4) lunches, and refreshments at most breaks. Tuition does not cover lodging, transportation, or parking (please see our website for more information on area services).
- In order to preserve the cohesiveness of the Institute group, **no individual weekend enrollments will be permitted.** However, as facility space permits, ICP&P will open the first three Saturday morning (9-12 pm) presentations and the last full Saturday of Weekend IV for individual registration.
- In addition to the three (3) required texts (see page 10), participants will receive additional reading material via E-mail in PDF form, three weeks prior to each weekend.
- All participants will be assigned to an ongoing discussion group that will stay together throughout the four conference weekends. These groups will be a significant part of the Institute experience and will allow the participants to discuss and integrate the material presented in the lectures and clinical presentations.

RPI Facility

The Cosmos Club of Washington, D.C.

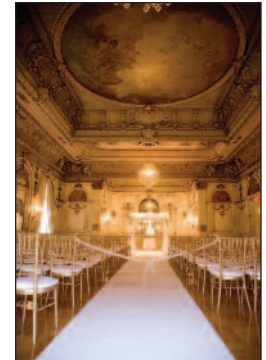
2121 Massachusetts Avenue, N.W.

Washington, D.C. 20008

Phone: (202) 387-7783

Fax: (202) 234-6817

www.cosmosclub.org



Parking at the Cosmos Club

The most convenient and economical parking option can be found at the Hilton Hotel, just west of the Cosmos Club on Massachusetts Avenue. The all day event parking fee is \$20.00. Parking at the Cosmos Club is limited to members and member guests and so will not be available to institute participants.

By Metro:

Take the Red Line to Dupont Circle. Exit the station on "Q" Street, and walk 1/2 block West to 2121 Massachusetts Avenue.

For hotel, restaurant and other area services, and a Cosmos Club mapquest link, please visit our website at: www.icpeast.org/relational.htm.

Relational Perspectives Institute

Institute Chair:

Roger J. Segalla, Jr., PhD

INSTITUTE OF CONTEMPORARY
PSYCHOTHERAPY AND
PSYCHOANALYSIS

Relational Psychoanalysis has its foundations in Freud's inner circle when Sandor Ferenczi and Otto Rank broke with Freud's purely intrapsychic one-person model to consider the role of relationship and mutuality in treatment. The groundbreaking work of Melanie Klein, D.W. Winnicott, W.R.D. Fairbairn, Henry Stack Sullivan, Karen Horney, Eric Fromm, John Bowlby, Hans Loewald, Heinz Kohut and Heinrich Racker went further, making relationship central to development, personality and psychopathology. The American Relational movement, guided by the late Stephen Mitchell, has taken this "turn" toward relationship and moved psychoanalysis toward a two-person model that has transformed psychoanalysis and psychoanalytic psychotherapy. This fundamental paradigm shift has generated renewed excitement within psychoanalysis and stimulated an explosion of creativity that is continuing to redefine psychoanalytic theory and treatment.

The Relational Perspectives Institute (RPI) will consist of four intensive weekend conferences. Each weekend is uniquely designed to immerse the participant in the foundational theories and techniques that define the Relational Perspectives. The Institute will feature speakers and faculty who represent the very best and most innovative voices from the American Relational Perspectives. Our featured speakers: Lewis Aron, Donnel Stern, Margaret Black, Karen Maroda and Steven Cooper have been central voices in defining the field of Relational Psychoanalysis. Together with the Relational Faculty of ICP&P, these speakers will provide the participants with an engaging, interactive and stimulating learning experience.

Weekend Conferences

Weekend I:

Relational Perspectives: Origins, Growth, and Frontiers

Friday October 9, and Saturday October 10, 2009

Featured Speaker: Lewis Aron, PhD

This weekend will provide the participants with a broad overview of the developmental history of Relational Psychoanalysis. The theoretical and technical movement away from Freud's positivistic, one person, drive/structure model toward a two-person, intersubjective, mutual influence model, will be traced from Ferenczi to Mitchell to the present. In addition, Dr. Aron will describe the relational approach to the historic polarization between psychoanalysis and psychotherapy.

Weekend II:

Relational Perspectives On Therapeutic Action

Friday December 4, and Saturday December 5, 2009

Featured Speaker: Donnel Stern, PhD

Understanding the evolution of theories about therapeutic action over time and in response to the modern and post-modern movement will be the focus of this weekend. Areas to be addressed include the impact of infant observational studies, advancements in neurophysiology as related to therapeutic action, and the connection between theories of the mind and theories of psychopathology. Relational concepts in this weekend will include: intersubjectivity, multiplicity or multiple self states, the analytic third, agency, enactments, paradox, the social-constructivist view, and unformulated experience.

Weekend III:

Relational Perspectives On Clinical Interactions

Friday, February 26, and Saturday February 27, 2010

Featured Speaker: Margaret Black, LCSW

The clinical interaction between patient and therapist has been profoundly altered by the introduction of the relational perspectives. This weekend will focus on the "techniques" or "ways of being" with our patients that reflect the introduction of such critical understandings as: enactments, intersubjectivity, mutuality, negotiation, play, spontaneity and surrender. The creation of analytic space, working with dissociation, and the formulation of out-of-awareness experience will also be examined in the context of clinical material.

Weekend IV:

Countertransference Dilemmas: On Knowing and Being Known

Friday May 7, and Saturday, May 8, 2010

Featured Speakers: Steven Cooper, PhD and Karen Maroda, PhD

Perhaps no other concept in psychoanalytic theory has the potential to provoke debate and discourse more than the questions regarding how to understand and make use of countertransference experiences. Relational theory has made important contributions to both the theoretical and technical questions regarding the therapist's use of countertransference. This weekend will focus on these contributions, as Drs. Steven Cooper and Karen Maroda explore their views on the therapist's use of countertransference and its direct expression to the patient.

Featured Speakers

Lewis Aron, PhD

Lewis Aron, PhD is the Director of the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; Founding President, International Association For Relational Psychoanalysis and Psychotherapy; Past-President, Division of Psychoanalysis (39), American Psychological Association. Dr. Aron was co-editor with the late Stephen Mitchell of *Relational Psychoanalysis: The Emergence of a Tradition* and has written the following books on Relational Psychoanalysis: *A Meeting of Minds: Mutuality in Psychoanalysis*, *The Legacy of Sandor Ferenczi* and *Relational Perspectives on the Body*.



Donnel Stern, PhD

Donnel B. Stern, PhD is Training and Supervising Analyst, and member of the Faculty, at the William Alanson White Institute in New York; and Faculty and Supervisor, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. He is the Editor of the “*Psychoanalysis in a New Key*” Book Series, and the former Editor of *Contemporary Psychoanalysis*. He is the author of *Unformulated Experience: From Dissociation to Imagination in Psychoanalysis* and *Partners in Thought: Working with Unformulated Experience, Dissociation, and Enactment*.



Margaret Black, LCSW

Margaret J. Black, LCSW is Founding Board Member and Vice-President of IARPP; Founding Board Member and Faculty, The Stephen Mitchell Center for Relational Studies in NYC; Associate Editor of *Psychoanalytic Dialogues*; Faculty, Supervisor and Director of



Continuing Education, NIP; and the co-author, with Stephen Mitchell, of *Freud and Beyond: a History of Modern Analytic Psychoanalytic Thought*.

Karen Maroda, PhD

Karen J. Maroda, PhD, ABPP, is Assistant Clinical Professor of Psychiatry, Medical College of Wisconsin and in private practice. She has been writing about countertransference, affective communication and psychotherapy techniques for over twenty years. She is the author of *The Power of Countertransference and Seduction, Surrender and Transformation*. She is also the author of the forthcoming book, *Interactive Psychodynamic Techniques*. In addition, she sits on the editorial board of several major journals and is a past Board Member and Ethics Chair of Division 39 (Psychoanalysis) of APA, as well as Past President of Women, Gender & Psychoanalysis (Section III) of Div. 39.



Steven Cooper, PhD

Steven Cooper, PhD's faculty appointments include: Supervising Analyst and Faculty, Massachusetts Institute for Psychoanalysis; Training and Supervising Analyst, The Boston Psychoanalytic Society and Institute; and Clinical Associate Professor of Psychology, Harvard Medical School. He is the Joint Chief Editor, *Psychoanalytic Dialogues*, and the author of *Objects of Hope: Exploring Limits and Possibility in Psychoanalysis*. He is working on a new book, *A Disturbance in the Field: Essays in Transference-Countertransference Engagement*. He is a psychoanalyst/psychologist in private practice in Cambridge, MA.



Relational Perspectives: Origins, Growth, and Frontiers

Weekend I

Friday October 9, and Saturday October 10, 2009

Featured Speaker: Lewis Aron, PhD

Weekend Chair: Roger J. Segalla, Jr., PhD

Friday October 9, 2009 • 8:00 am - 5:30 pm

- 8:00 - 9:00 am Registration and Continental Breakfast
- 9:00 - 9:30 am **Institute Welcome and Opening Remarks**
- 9:30 - 10:30 am **From Drive Structure to Relational Matrix**
Roger J. Segalla, Jr., PhD
- 10:30 -10:45 am Break
- 10:45 am - noon **Small Group Discussion and Integration**
- 12:15 -1:30 pm **Lunch Buffet - Cosmos Club**
- 1:30 - 2:30 pm **The Evolving Listening/Experiencing Relational Perspectives**
Damon Silvers, PhD
- 2:30 - 2:45 pm Break
- 2:45 - 3:45 pm **Case Presentation and Discussion**
- 3:45 - 4:00 pm Break
- 4:00 - 5:30 pm **Small Group Discussion and Integration**

Saturday October 10, 2009 • 8:00 am - 5:00 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:15 am **Welcome and Speaker Introduction**
- 9:15 - 10:30 am **Relational Psychoanalysis:
The Emergence of a Tradition**
Lewis Aron, PhD
- 10:30 - 10:45 am Break
- 10:45 am-12:15 pm **Psychotherapy Vs. Psychoanalysis:
A Relational Approach to this Historical Distinction**
Lewis Aron, PhD
- 12:15 - 2:00 pm Lunch - On your own
Dupont Circle
- 2:00 - 3:15 pm **Case Presentation and Discussion**
*Lewis Aron, PhD and
Susan Lazar, MD*
- 3:15 - 3:30 pm Break
- 3:30 - 5:00 pm **Small Group Discussion and Integration**

Relational Perspectives On Therapeutic Action

Weekend II

Friday December 4, and Saturday December 5, 2009

Featured Speaker: Donnel Stern, PhD

Weekend Co-Chairs: Sandra Hershberg, MD and Mary Brennan, PhD

Friday December 4, 2009 • 8:00 am - 5:30 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:30 am **Institute Welcome and Opening Remarks**
- 9:30 - 10:30 am **Evolving Understandings of Therapeutic Action Over Time**
Joseph D. Lichtenberg, MD
- 10:30 -10:45 am Break
- 10:45 am - noon **Small Group Discussion and Integration**
- 12:15 -1:30 pm **Lunch Buffet - Cosmos Club**
- 1:30 - 2:30 pm **Elements of Therapeutic Action: Intersubjectivity, Enactments, Paradox**
Molly Donovan, PhD
- 2:30 - 2:45 pm Break
- 2:45 - 3:45 pm **Case Presentation and Discussion**
- 3:45 - 4:00 pm Break
- 4:00 - 5:30 pm **Small Group Discussion and Integration**

Saturday December 5, 2009 • 8:00 am - 5:00 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:15 am **Welcome and Speaker Introduction**
- 9:15 - 10:30 am **Partners in Thought: Witnessing, Enactment and Unformulated Experience - Part I**
Donnel Stern, PhD
- 10:30 - 10:45 am Break
- 10:45 am-12:15 pm **Partners in Thought: Witnessing, Enactment and Unformulated Experience - Part II**
Donnel Stern, PhD
- 12:15 - 2:00 pm Lunch - On your own
Dupont Circle
- 2:00 - 3:15 pm **Case Presentation and Discussion**
Donnel Stern, PhD and Sandra Hershberg, MD
- 3:15 - 3:30 pm Break
- 3:30 - 5:00 pm **Small Group Discussion and Integration**

Relational Perspectives On Clinical Interactions

Weekend III

Friday, February 26, and Saturday February 27, 2010

Featured Speaker: Margaret Black, LCSW

Weekend Co-Chairs: Adina Shapiro, LCSW and Sally Bloom-Feshbach, PhD

Friday February 26, 2010 • 8:00 am - 5:30 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:30 am **Opening Remarks**
- 9:30 - 10:30 am **Blank Screen to Mutuality:
Evolution of Psychoanalytic Technique**
*Adina Shapiro, LCSW and
David Wyner, LCSW*
- 10:30 -10:45 am Break
- 10:45 am - noon **Small Group Discussion and Integration**
- 12:15 -1:30 pm **Lunch Buffet - Cosmos Club**
- 1:30 - 2:30 pm **Negotiation, Spontaneity and Authenticity:
Relational Co-Construction**
Sally Bloom-Feshbach, PhD
- 2:30 - 2:45 pm Break
- 2:45 - 3:45 pm **Case Presentation and Discussion**
- 3:45 - 4:00 pm Break
- 4:00 - 5:30 pm **Small Group Discussion and Integration**

Saturday February 27, 2010 • 8:00 am - 5:00 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:15 am **Welcome and Speaker Introduction**
- 9:15 - 10:30 am **The Creation of Analytic Space:
Dissociation, Enactment and the Transformative
Potential of the Analytic Relationship Part I**
Margaret Black, LCSW
- 10:30 - 10:45 am Break
- 10:45 am -12:15 pm **The Creation of Analytic Space:
Dissociation, Enactment and the Transformative
Potential of the Analytic Relationship Part II**
Margaret Black, LCSW
- 12:15 - 2:00 pm Lunch - On your own
Dupont Circle
- 2:00 - 3:15 pm **Case Presentation and Discussion**
Margaret Black, LCSW
- 3:15 - 3:30 pm Break
- 3:30 - 5:00 pm **Small Group Discussion and Integration**

Countertransference Dilemmas: On Knowing and Being Known

Weekend IV

Friday May 7, and Saturday, May 8, 2010

Featured Speakers: **Steven Cooper, PhD** and **Karen Maroda, PhD**

Weekend Co-Chairs: **Bill Pinney, PhD** and **Janna Sandmeyer, PhD**

Friday May 7, 2010 • 8:00 am - 5:30 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:15 am **Opening Remarks**
- 9:15 - 10:30 am **Countertransference - A Historical Overview**
Michael Wannon, PhD
- 10:30 -10:45 am Break
- 10:45 am - noon **Small Group Discussion and Integration**
- 12:15 -1:30 pm Lunch - On your own
Dupont Circle
- 1:30 - 2:30 pm **Relational Perspectives on Countertransference**
Bruce Reis, PhD
- 2:30 - 2:45 pm Break
- 2:45 - 3:45 pm **Case Presentation and Discussion**
- 3:45 - 4:00 pm Break
- 4:00 - 5:30 pm **Small Group Discussion and Integration**
- 6:00 - 7:30 pm Institute Cocktail Party

Saturday May 8, 2010 • 8:00 am - 5:00 pm

- 8:00 - 9:00 am Continental Breakfast
- 9:00 - 9:15 am **Welcome and Speaker Introduction**
- 9:15 - 10:30 am **Terror and Inhibition of Negative Countertransference**
Steven Cooper, PhD
- 10:30 - 10:45 am Break
- 10:45 am -12:15 pm **Self-disclosure and Advice: Understanding How and When the Therapist's Disclosures Are Therapeutic**
Karen Maroda, PhD
- 12:15 - 2:00 pm **Plated Lunch - Cosmos Club**
- 2:00 - 3:15 pm **Case Presentation and Discussion**
Bill Pinney, PhD., Steven Cooper, PhD and Karen Maroda, PhD
- 3:15 - 3:30 pm Break
- 3:30 - 4:30 pm **Small Group Discussion and Integration**
- 4:30 - 5:00 pm **All Institute Concluding Meeting**

Relational Perspectives Institute

Policies and Information

Tuition

Registration as a participant in the Relational Perspectives Institute automatically enrolls each participant in all four (4) two-day weekend conferences (Friday and Saturday). Tuition for the year long institute is \$1850.00. Paid members of ICP&P will receive a discounted rate of \$1500.00. Those registrants who are not currently paid members of ICP&P will, upon registration, automatically become ICP&P members for the 2009-2010 membership year. **An early-bird registration discount of \$150.00 will be provided for all registrants whose application and tuition payment are received by ICP&P by April 15, 2009.** Tuition does not include parking, hotel accommodations, or transportation costs.

Refund policy

Due to the fixed costs associated with speakers, facility space, and audio equipment, tuition refunds will not be granted after May 15, 2009. Institute participants that wish to withdraw from the Institute prior to May 15, 2009 will receive a refund minus a \$50.00 administrative fee.

Reading Material

Each participant will be asked to obtain copies of the following books:
• ***A Meeting of Minds: Mutuality in Psychoanalysis*** (1986) by Lewis Aron, PhD. The Analytic Press. Relational Perspectives Book Series-Volume 4
• ***Hope and Dread in Psychoanalysis*** (1995) by Stephen A. Mitchell, PhD.
• Basic Books ***Relational Psychoanalysis: The Emergence of a Tradition*** (1999) eds. Stephen A. Mitchell and Lewis Aron, PhD. **Additional readings will be sent in PDF form via E-mail prior to each conference weekend.

Continuing Education Credits

A total of 52 CE credits will be awarded for full attendance of the institute year (each of the four weekend conferences). ICP&P is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for this program and its content. ICP&P has been approved by the Maryland Board of Social Work Examiners to offer Category I continuing education credit. Because ICP&P has received this approval from the Maryland Board, CE credit hours awarded by ICP&P may also be claimed by social workers licensed in Virginia and the District of Columbia. The continuing education credits meet the ANCC approval for nurses. Learning Objectives for each of the four Weekend Conferences can be found on our website at: www.icpeast.org/relational.htm

Program Note

Due to the lead time required to print this brochure, conference schedules, presentation speakers, presentation titles, and the specific rooms to be utilized within the Cosmos Club are subject to change. All participants will be notified of any program changes via E-mail.

Dress Code

The dress code of the Cosmos Club **requires all men to wear suit jackets and ties** in the public areas and **all participants are prohibited from wearing jeans and tennis shoes.** Ties and jackets can be removed inside the conference meeting rooms.

Cover art graciously provided by Elaine Hoffman, MA.

Relational Perspectives Institute

Participant Registration Form

Please complete the following application by printing carefully, please be sure to include your full E-mail address (all correspondence following registration will be completed via E-mail)

First Name _____

Last Name _____

Street Address _____

City, State, & Zip Code _____

Email _____

Cell phone _____

Work Phone _____

Home Phone _____

Professional Degree _____

License # _____ State _____

Please tear off this application form and enclose it in an envelope addressed to:

ICP&P
Relational Perspectives Institute
4601 Connecticut Avenue, N.W. Suite 8
Washington, DC 20008

Tuition Payment

Those registrants who are not currently paid members of ICP&P will, upon registration, automatically become ICP&P members for the 2009-2010 membership year. Please see our website to learn about the advantages of ICP&P membership (www.icpeast.org).

Tuition ICP&P Members: \$1500.00 \$ _____

Tuition Non-members \$1850.00 \$ _____

Early Bird Registration Discount – \$150.00 \$ _____
(must be received by 4/15/09)

Total Due: \$ _____

There are two ways to register:

To register and pay with a credit card,
go to ICP&P website www.icpeast.org/relational.htm
and register online.

To register and pay with a check,
complete the registration form (on the brochure or
printed from the website) and send a check to ICP&P.

I've enclosed a check made payable to ICP&P: Check # _____

ICP&P

Relational Perspectives Institute

4601 Connecticut Avenue, N.W. Suite 8

Washington, DC 20008

Institute of Contemporary Psychotherapy and Psychoanalysis

Our mission is to provide an environment which supports the thoughtful consideration of optimal ways to employ therapeutic modalities of exploratory psychotherapy and psychoanalysis with individuals, couples, groups and families. In pursuit of this goal we present numerous educational opportunities to our members and to the surrounding mental health community. ICP&P offers long term training in psychotherapy, psychoanalysis, and couples therapy for those interested in pursuing contemporary self psychological and relational psychoanalytic models in depth.

For more information about ICP&P please visit our website at: www.icpeast.org